



# Evaluating the Transplacental Transfer of Apixaban using a Dually Perfused Isolated Human Placental Lobule

Priya Bapat, PhD student

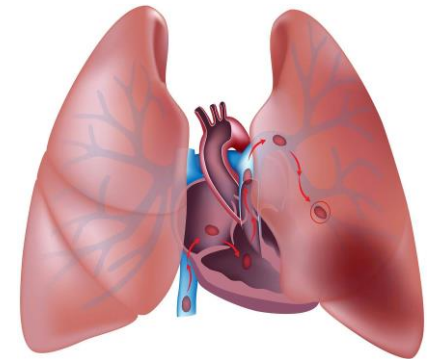
Division of Clinical Pharmacology & Toxicology, Hospital for Sick Children  
Dept. of Pharmacology & Toxicology, University of Toronto

ASCPT Annual Meeting – March 10, 2016

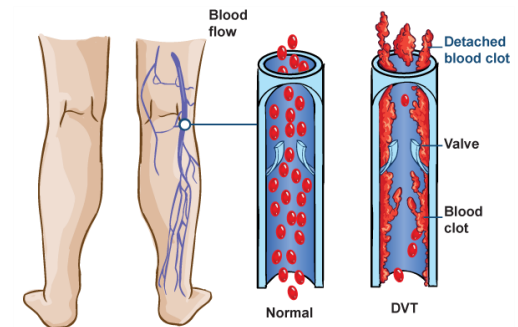
# Anticoagulants in Pregnancy

Pregnant women requiring anticoagulation therapy include those with:

- Venous thromboembolism (VTE)
  - Pulmonary embolism
  - Deep vein thrombosis
- Atrial fibrillation
- Mechanical heart valves



Pulmonary embolism



Deep vein thrombosis

*(Bates et al, Chest 2012)*

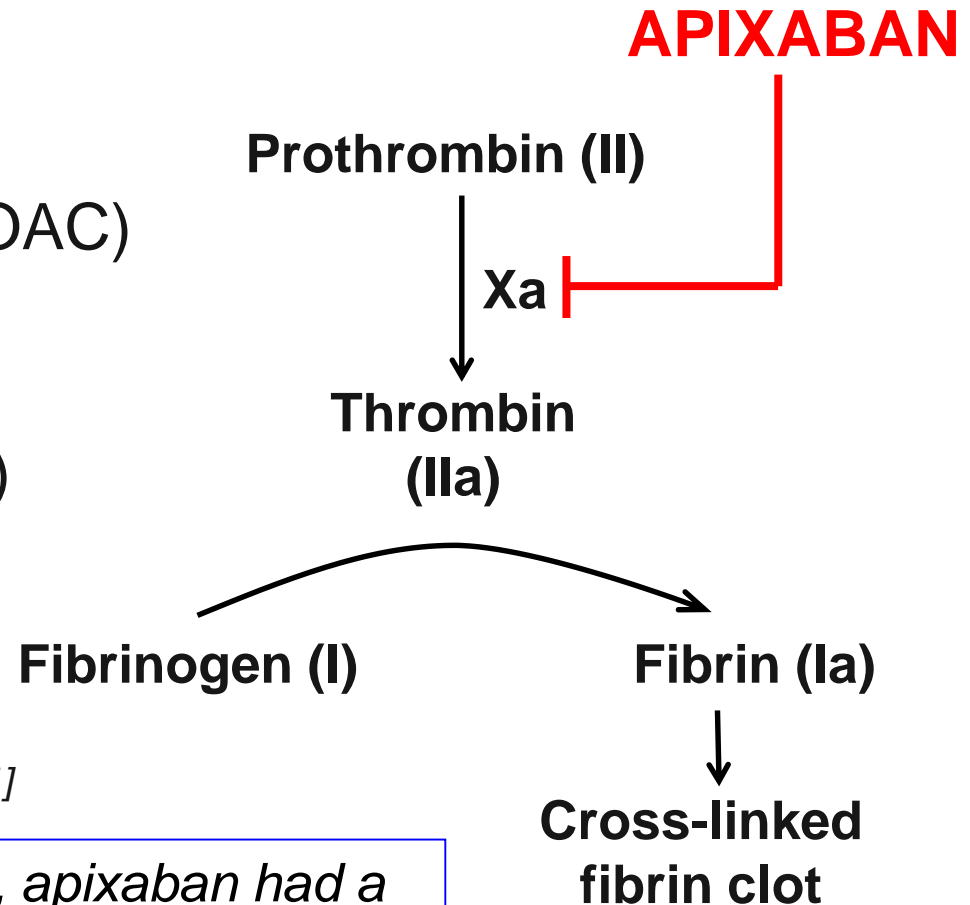
# Apixaban

- Novel oral anticoagulant (NOAC)
- Approved in 2012
- Protein binding (87% bound)
  - 66% to albumin
  - 9% to  $\alpha$ 1 acid glycoprotein
  - 12% unknown

[He et al, Eur J Drug Metab Pharmacokinet 2011]

*When compared to other NOACs, apixaban had a relatively low risk of bleeding events and a similar efficacy for acute VTE!*

- Mantha et al, J Thromb Thrombolysis 2015



# Apixaban and Pregnancy

Clinical Practice Guidelines (2012): “There are no published reports describing the use of new oral direct thrombin inhibitors or anti-Xa inhibitors (**apixaban**) in pregnancy... The human reproductive risks of these medications are unknown.”



CHEST

Supplement

ANTITHROMBOTIC THERAPY AND PREVENTION OF THROMBOSIS, 9TH ED: ACCP GUIDELINES

## VTE, Thrombophilia, Antithrombotic Therapy, and Pregnancy

**Antithrombotic Therapy and Prevention of Thrombosis,  
9th ed: American College of Chest Physicians  
Evidence-Based Clinical Practice Guidelines**

*Shannon M. Bates, MDCM; Ian A. Greer, MD, FCCP; Saskia Middeldorp, MD, PhD;  
David L. Veenstra, PharmD, PhD; Anne-Marie Prabulos, MD;  
and Per Olav Vandvik, MD, PhD*

**Chest 2012; 141: e691S-736S.**



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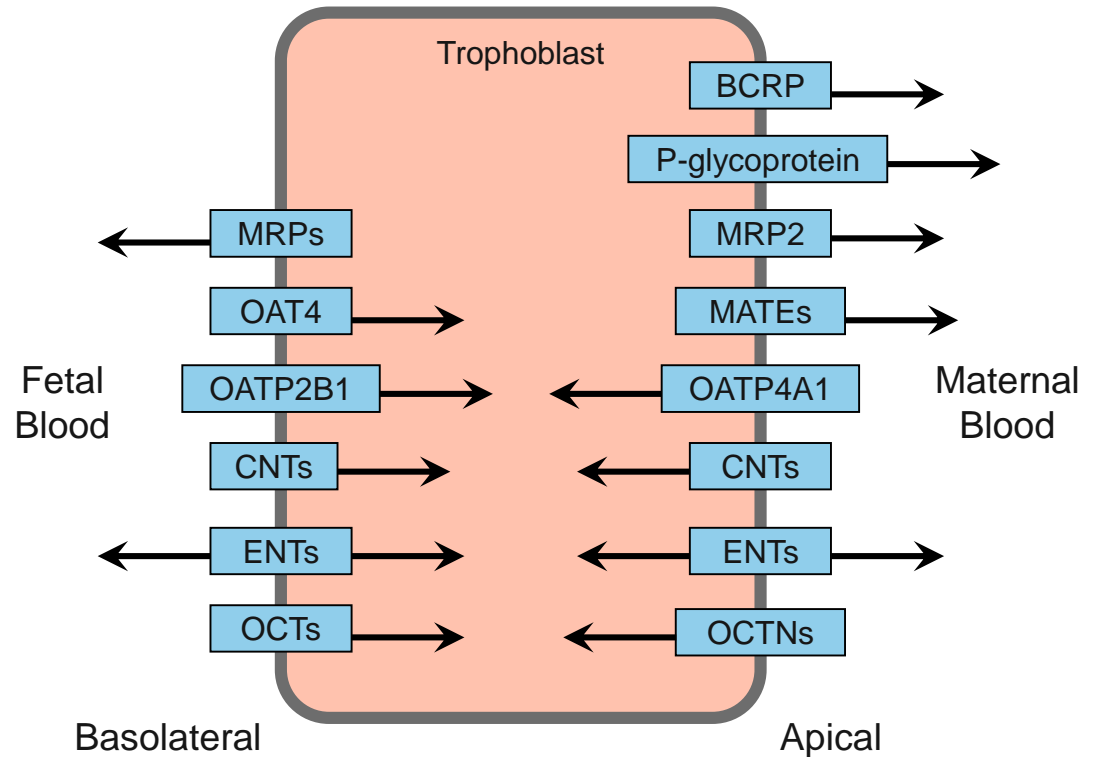
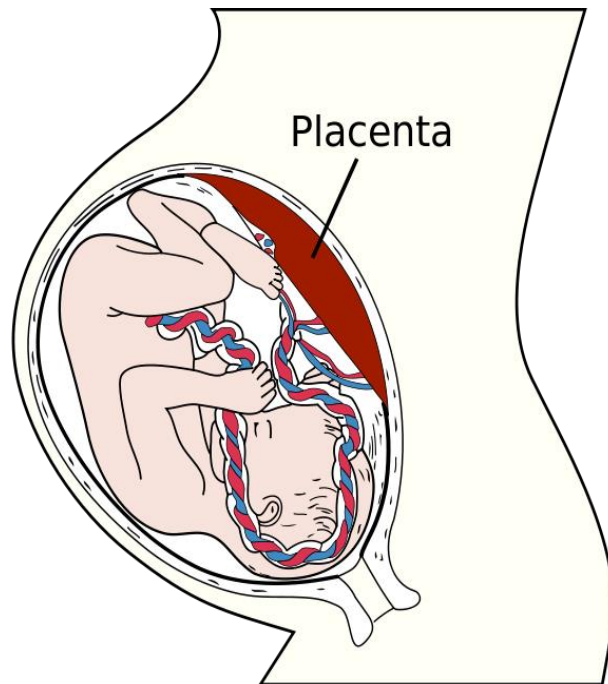
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# Objective

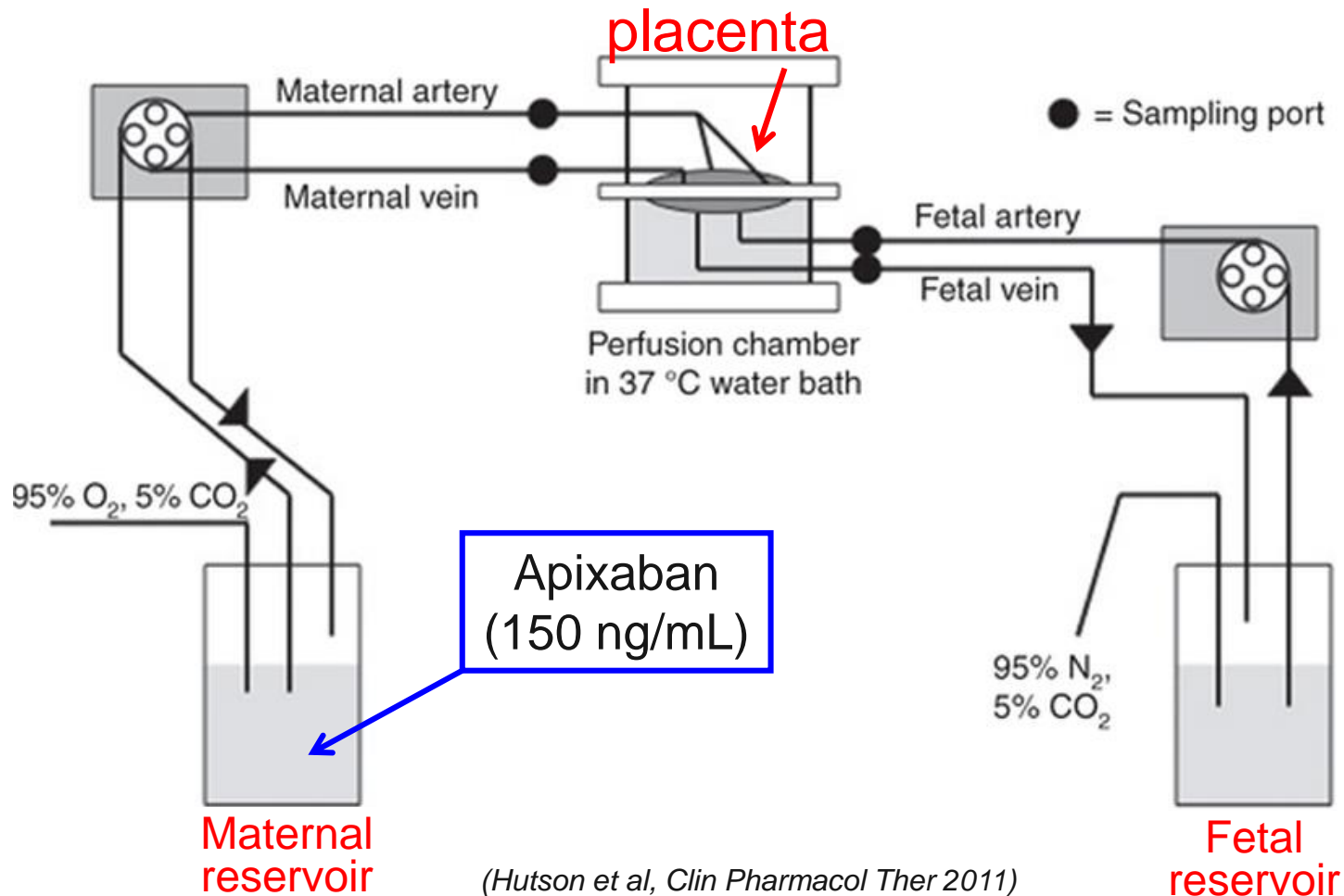
Therefore, the objective of our study was to examine the disposition of apixaban across the term human placenta *ex vivo*, in order to estimate fetal drug exposure.

# Human Placenta

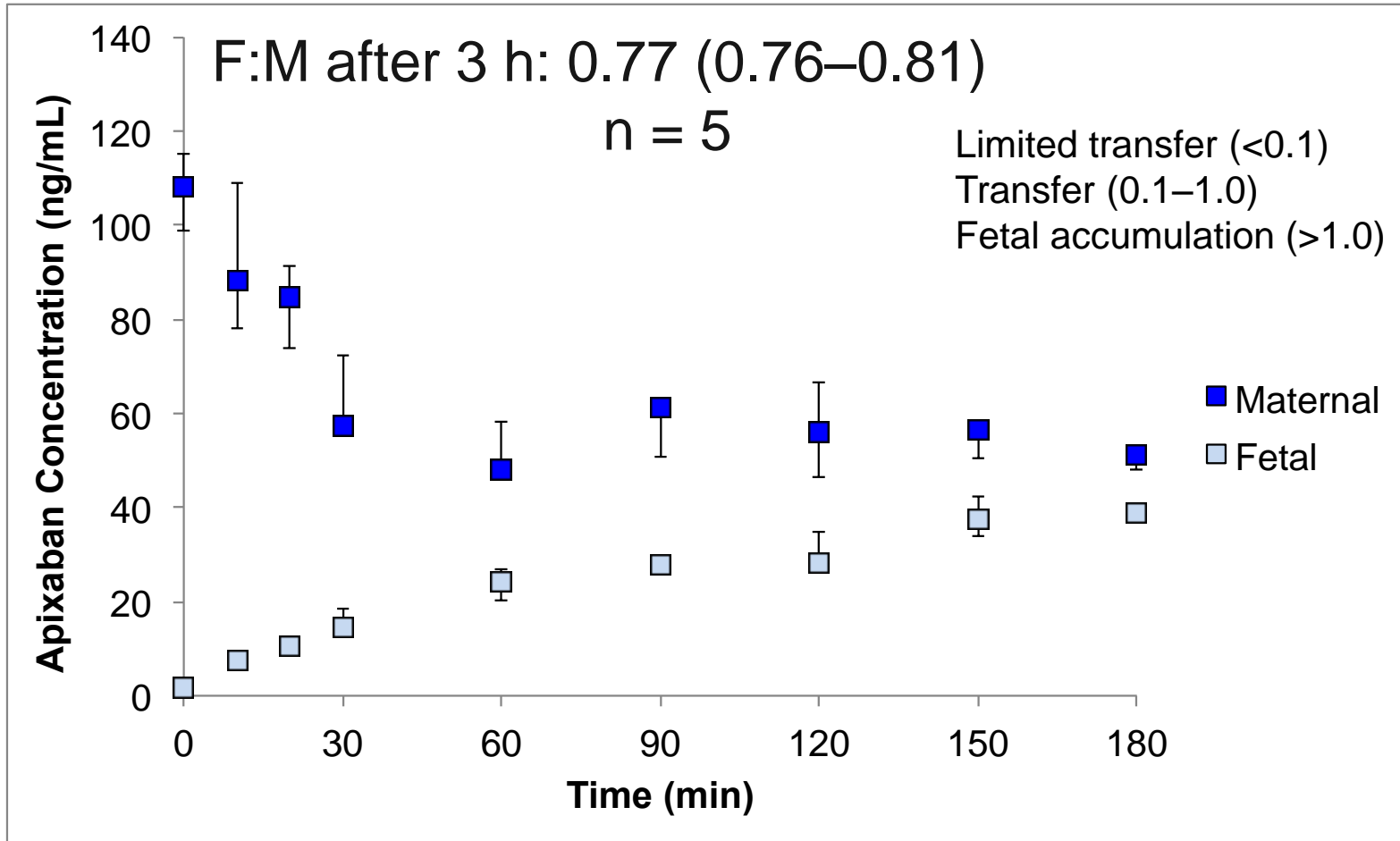


*Modified from Staud et al, Expert Opin Drug Metab Toxicol 2015*

# Methods: Placenta Perfusion



# Results: Apixaban

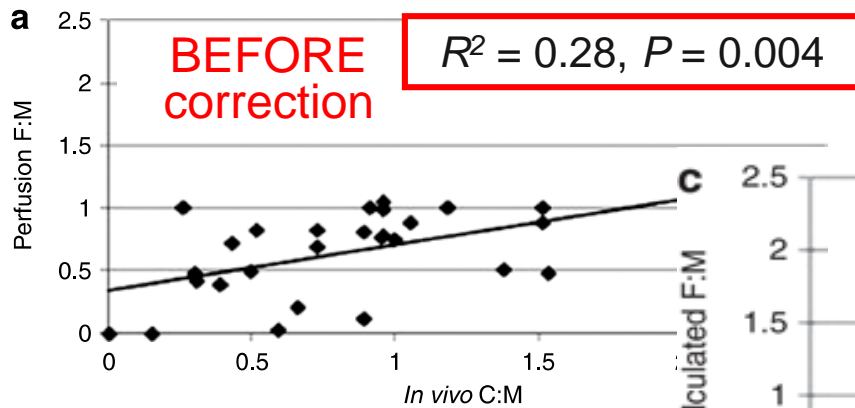




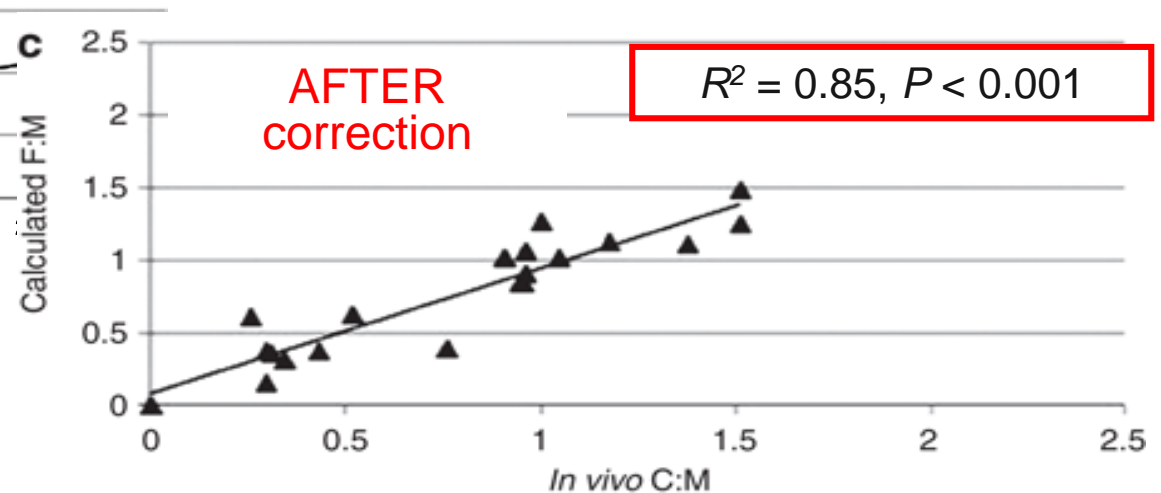
# Prediction of *in vivo* F:M ratio

Adapted from Garland,  
*Obstet Gynecol Clin North Am* 1998

$$F:M = \frac{\% \text{ unbound } M}{\% \text{ unbound } F} \times \frac{1 + 10^{pK_a - pH_F}}{1 + 10^{pK_a - pH_M}} \times \frac{CL_{MF}}{CL_{FM}}$$



(Hutson et al,  
*Clin Pharmacol Ther* 2011)



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Drug literature  
maternal pH = 7.4  
fetal pH = 7.35

Perfusion  
F:M ratio

Predicted apixaban  
F:M *in vivo*: 0.74–0.81

# Conclusions

- Fetal levels of apixaban *in vivo* are predicted to be 70-80% of the corresponding maternal levels
  - Raises the possibility for neonatal complications due to their hypocoagulability status
- Future studies will need to explore safety before clinicians can consider the use of apixaban in pregnant women.

# Acknowledgments

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St. Michael's Hospital



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